

Hebrews 12:1 (ESV) – Therefore, since we are surrounded by so great a cloud of witnesses, let us also lay aside every weight, and sin which clings so closely, and let us run with endurance the race that is set before us,

**The enemy doesn't have to _____
you if he can _____ you.**

Luke 10:38-42 (ESV) - Now as they went on their way, Jesus entered a village. And a woman named Martha welcomed him into her house. ³⁹ And she had a sister called Mary, who sat at the Lord's feet and listened to his teaching. ⁴⁰ But Martha was distracted with much serving. And she went up to him and said, "Lord, do you not care that my sister has left me to serve alone? Tell her then to help me." ⁴¹ But the Lord answered her, "Martha, Martha, you are anxious and troubled about many things, ⁴² but one thing is necessary. Mary has chosen the good portion, which will not be taken away from her."

**Distractions keep us from _____
_____.**

3 Keys for Diminishing Distraction:

Proverbs 4:25-27 (ESV) - Let your eyes look directly forward, and your gaze be straight before you. ²⁶ Ponder the path of your feet; then all your ways will be sure. ²⁷ Do not swerve to the right or to the left; turn your foot away from evil.

1. Identify _____

Proverbs 4:26 (ESV) - Ponder the path of your feet; then all your ways will be sure.

2. Make _____

Proverbs 4:27 (ESV) - Do not swerve to the right or to the left; turn your foot away from evil.

3. Set _____



Info Guide

Welcome

We're glad you're here! This Info Guide will help you learn how to get connected at Manna and share what is available to you at the service today. We hope you feel at home and enjoy your time with us.

What to Expect

During today's worship experience you can expect about a 70-minute service that will begin with approximately 20-25 minutes of worship, we will also have a brief time of announcements, followed by a 35-minute biblical and practical message delivered by our Pastor, and we will conclude our time together with another short time of worship.

NextStep

If you want to learn what Manna Church is passionate about, where we are going, and how you can be a part of this adventure, NextStep is for you. It is a 4-week small group that meets the first four Sundays of every month. Childcare is provided and you can learn the times and locations at the info center in the lobby. We would love for you to take this step!

CONNECTION CARD

If you're a first-time guest, we would love for you to fill out a connection card. No one is planning to call you or come by your house—We just want to thank you for joining us today and let you know what is available to you here at Manna.

Manna Kids

We promise a clean and safe environment where children can experience and enjoy the love of Jesus. The Nursery/Preschool experience is available for kids 6 weeks through 5 years, and the Elementary experience is for children in kindergarten through 5th grade. We would love to have your child join us!

FREE GIFT

If it is your first time with us, we have a gift available for you in the lobby at the end of service— We simply want to give you a gift to thank you for being with us today!

Digital Info Center

If you are looking for more information you can visit our digital info center at mannacos.info

